

# What Am I Like?

**Instructions:** Check all of the following statements in **ALL FOUR DISC Types** that are true of you, in both the “I like” and “I don’t like” columns. Then total the number of checks in each type. The highest total is your highest trait and the next highest is your secondary style. Place the D total in the D box on the bottom of page 2, and so on, to see a snapshot of your unique blend.

## A High D Says:

- I like a challenge.
- I like confronting issues.
- I like making quick decisions.
- I like inventing new ways to do things.
- I like a variety of activities.
- I like a competitive, fast pace.
- I don’t like fun activities without a goal.
- I don’t like conversations that are purely social and without purpose.
- I don’t like routine tasks.
- I don’t like being restricted to one workplace.
- I don’t like responsibility for minor details.
- I don’t like projects that require long-term critical analysis.

TOTAL \_\_\_\_\_

## A High I Says:

- I like social activities and having fun.
- I like to express my feelings.
- I like talking to strangers.
- I like unstructured activities.
- I like surprises.
- I like to make things fun.
- I don’t like making unpopular decisions.
- I don’t like situations where people might reject me.
- I don’t like waiting on someone.
- I don’t like repetitive tasks.
- I don’t like detailed work.
- I don’t like responsibilities that require following an inflexible schedule.

TOTAL \_\_\_\_\_

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## A High S Says:

- I like teamwork and cooperation.
- I like doing one thing at a time.
- I like jobs with repetitive tasks.
- I like sticking with what I know.
- I like working in a routine.
- I like harmony, and I will adjust to the needs of others.

- I don’t like taking risks.
- I don’t like conflict.
- I don’t like constantly changing activities.
- I don’t like speaking in large groups.
- I don’t like complex problems.
- I don’t like critical analysis.

TOTAL \_\_\_\_\_

## A High C Says:

- I like jobs that include critical analysis.
- I like working alone doing research.
- I like an established structure and order.
- I like roles to be clearly defined.
- I like a predesigned plan, and I like to follow it.
- I like time to validate my work.

- I don’t like confronting others.
- I don’t like to make quick decisions.
- I don’t like surprises.
- I don’t like spontaneous activities.
- I don’t like accommodating imperfections.
- I don’t like compromise for the sake of harmony.

TOTAL \_\_\_\_\_

### TOTALS

D \_\_\_\_\_ S \_\_\_\_\_  
I \_\_\_\_\_ C \_\_\_\_\_