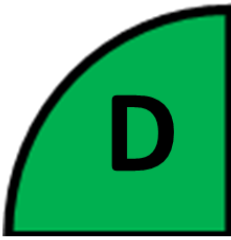


# DISC Model of Human Behavior

**OUTGOING / TASK ORIENTED**



**D**  
Dominant  
Direct  
Demanding  
Decisive  
Determined  
Doer

**De-stresses with  
Physical Activity**

**OUTGOING / PEOPLE ORIENTED**

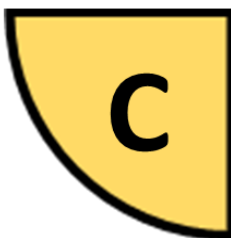


**I**  
Inspiring  
Influencing  
Impressionable  
Interactive  
Impressive  
Involved

**De-stresses with  
Group Activity**

Cautious  
Calculating  
Competent  
Conscientious  
Contemplative  
Careful

**De-stresses with  
Cognitive Activity**



**RESERVED / TASK ORIENTED**

Supportive  
Stable  
Steady  
Sweet  
Status quo  
Shy

**De-stresses with  
Unconstructed  
Activity**



**RESERVED / PEOPLE ORIENTED**