

- Before the prayer meeting, we encourage you to take time with the Lord to ask Him for direction and scripture verses to incorporate into each section (Adoration, Confession, Thanksgiving, Supplication).
- You may want to use a concordance or online Bible resource such as www.biblegateway.com.
- Write the verses you've chosen onto the ACTS Prayer sheet. If you prefer, simply list the scripture addresses and ask women to look up the verses in their Bibles during the prayer time.
- For the Thanksgiving section, write in any things your group can be grateful for regarding the previous outreach meeting, Stonecroft Bible Studies, or Prayer Connections.
- Under Supplication, consider writing down prayer items that are timely and unique to your community, our nation, and the world. To find these, keep an attentive, prayerful spirit as you watch the news or read the newspaper. You may want to choose items that are specifically important to women.
- After you've completed the ACTS Prayer sheet, make enough copies for everyone in your group.
- Leading the first three sections can be handled in two ways:
 - Explain the different focuses of prayer at the beginning of your prayer time, and let them know you will not break the flow of prayer, but will lead into Confession and Thanksgiving through your prayers. Before Supplication, close the prayer time and direct participants to form small groups and intercede for the prayer focuses listed.
 - Explain each section just prior to the focus. For instance, you can explain Adoration, lead in prayers of praise, then close that portion of prayer and explain Confession.

Adoration

- This is a time to express your love and worship to God. Choose verses that express who He is and that He is worthy of our praise.
- You may want to open your time simply by reading the Scriptures. Other options are to share brief devotional thoughts of your own, or to read the devotional provided with the regular Prayer Connection.
- You may want to encourage the women to speak short sentences of praise to the Lord as they feel prompted. This gives everyone the opportunity to participate, but also gives freedom to pray silently if desired.

Confession

- As you lead into this time, simply read the verses you have chosen regarding confession, and encourage participants to admit their sins to God silently during these few minutes of quiet.
- You may want to allow 3-5 minutes of silence for this section.

Thanksgiving

- Read the verses you chose, or ask someone in the group to read them.
- Encourage the women to thank the Lord both for the items you've written on the prayer sheet, and for anything else the Lord has done in their lives.

Supplication

- Read the verses aloud, or ask a participant to do so.
- Suggest that they let these Scriptures guide their prayers as they spend the remainder of the time in intercession for the focuses on the sheet.
- Remind them of God's willingness to lead them in prayer. Encourage them to be okay with moments of silence as God brings various prayer needs to mind.
- Form small groups. Be mindful of those who are new or uncomfortable praying aloud and consider placing them in a group with those who will be sensitive to them.
- To conclude your prayer time, you may want to play soft music or, prior to breaking into groups, simply let the women know they can close their prayer time whenever they sense they are finished.